



Advanced Coaching Competencies	
Manage Self	<p>41. Develop a personal plan for self-improvement based on athlete feedback.</p> <p>42. Identify the importance of coaching in a contextualised game environment.</p> <p>43. Review and improve coaching performance in both training sessions and competition.</p>
Manage Athletes	<p>44. Use tools to identify player strengths and weaknesses, provide player feedback and monitor improvement</p>
Manage Others	<p>45. Utilise a range of leadership and communication styles.</p> <p>46. Demonstrate the use of IT to enhance communication.</p> <p>47. Plan a coaching session using a Game Sense approach.</p> <p>48. Plan a seasonal coaching program for squad/team.</p> <p>49. Plan a detailed program for championship/competition.</p>
Manage Environment	<p>50. Identify various offensive and defensive hockey playing styles and formulate strategies to overcome any weakness.</p> <p>51. Coach at least two of the following skills in a game environment: control of the ball, passing the ball, striking/shooting, dribbling.</p> <p>52. Identify the key components of the following sports science practices and their application to hockey: physical conditioning, nutrition and hydration, psychological development, prevention and management of injury and illness, and enhancing recovery.</p> <p>53. Demonstrate the ability to modify for individual differences in a hockey context using the TREE model.</p> <p>54. Develop a risk management plan in a hockey context.</p>