

Invitational Interleague day



Junior gala day

Date Sunday 28th July

Cost is \$40

Location: Albury Hockey Centre

Competitions: HAW Junior comp & D3 still on Saturday. D2 competition has a bye

An exciting day is planned for a new player experience to join other players across the region for an enjoyable day of competition, coaching and learning.

Program: Male and female. Age groups are U14, U16 and U18

Time	Description
9.30	Arrival
9.30 – 9.45	Welcome teams assign team coaches etc.
9.45 – 10.00	Team building exercise
10.00 – 10.30	Warm up 10 mins exercises 50 mins pre-set out. Hats etc. each field
10.30 – 11.00	Soup & a roll each club room
11.00 – 12.00	Game 1 (10 min warmup 20 min half's 5 min half time 5 min cooldown)
12.00 – 1.00	Game 2
1.00 – 1.30	Lunch BBQ canteen rolls
1.30 – 2.30	Game 3
2.30 – 3.30	Game 4
3.30 – 4.00	Day review discussion Strategies etc.

Entry form

Name: _____ **Association:** _____

I am registering for the above event and my date of birth is _____.

Please circle the all that apply

My preferred position is: Back Goal Keeper Mid field Forward
This year I have played Seniors Juniors Local Rep State Rep
Support Role: Coach Assistant Coach Manager Umpire

If you have listed support role please provide details on recent experience and accreditation here:

If you are happy to help on the day with Tech bench, food and drink provision please circle **Here**

I wish to be assessed for Accreditation - L1 Coach or Umpire (circle coach or umpire)